



**Summer
2023**

LINDBERGH

COMMUNITY ED & REC



Convenient learning and fun for all.
Building relationships, resiliency, and enthusiasm.

LindberghSchools
Community Ed and Rec

General Information

About Us

Lindbergh Community Ed and Recreation provides lifelong learning and recreation opportunities to all residents and community members. Our programs strive to develop an atmosphere that emphasizes learning, teamwork, sportsmanship, resiliency, and enthusiasm! Best of all, we build relationships. Programs are available to all community members. Some before and after-school programs may be limited to attending students.

Virtual Learning

Participants must provide their own technology and equipment to help facilitate these activities. Internet access is required, as we will be using web-based platforms, such as Zoom. Instructors will email links and any further info needed prior to the start of class.

Address

Lindbergh Community Ed and Rec
9011 Robyn Rd.
St. Louis, MO 63126

Email

communityed.rec@lindberghschools.ws

Phone

314-729-2400

Website

go.lindberghschools.ws/commedandrec

Social Media



Facebook @LindberghCommEdandRec



Instagram @lindberghcommedandrec



Twitter @edandrecflyers

Online Registration System

Lindbergh Community Ed and Rec uses Eleyo for all online registrations. First-time users will need to create a Eleyo account for online registration with a valid email or using your Facebook or Google account to sign-in.

Follow the steps below to create your account:

- Visit lindberghschools.ce.eleyo.com
- Select the "Sign In" link
- Select "Create one now" to set-up your new account, or use your Facebook or Google account to sign-in and create an account.
- Complete required information
- Select "Create Account"
- Add family members and relationships
- Register for programs!

Cancellations, Refunds

There will be no refunds 7 business days prior to the start of class or after, unless the individual experiences a medical problem that prohibits participation. If a medical problem exist, upon presentation of a doctor's note, the refund amount will be prorated based on the number of sessions attended, less any supplies fee. Cancellations prior to 7 business will receive a refund, minus any supplies fee, however this may not apply to all programs such as Flyers Club or sports leagues. Community Ed and Rec reserves the right to cancel a program, in which case full refunds will be issued. We follow the Lindbergh Schools inclement weather policy.

Financial Assistance

Partial fee assistance for some programs may be available for attending Lindbergh students only. If you have a student who qualifies for free or reduced lunch through Lindbergh Schools, you may be eligible. Fee assistance can only be applied at the time of registration and cannot be retroactive. Some programs and items may be excluded. Please contact our office at communityed.rec@lindberghschools.ws with your name, child's name, grade, and attending school.

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Flyers Club



Flyers Club offers high quality school-age child care programs for elementary students, such as Before and After School Care, Schools Out Camp, and a full-day Summer Camp. Check out what is happening at Flyers Club this season!

Pages 6-7

Enrichment



There is something for everyone! Engage and explore with a variety of enrichment programs that enhance your knowledge, skills, and quality of life. Enjoy programs such as: Ballet, Driver Education, Music, Art, Adult Fitness, STEAM, and more!

Pages 8-17

Gymnastics & Cheer



Gymnastics provides a safe environment for aspiring gymnasts to learn new skills and have fun with friends! Learn the core foundations of the sport or build your skills and love of the sport by joining our one of our competitive levels of team.

Pages 18-21

Sports



Are you ready to get in the game and play? Join in on the action and enjoy a valuable experience through a variety of athletic programs. Part of the experience includes ensuring a safe and enjoyable place for participants of all levels of play.

Pages 22-26

Summer Camps Grid: Weeks of May 29-July 3

All summer programs with grade requirements are for the grade students will enter in 2023-24 school year.

Program	Week of May 29	Week of June 5	Week of June 12	Week of June 19	Week of June 26	Week of July 3
Flyers Club	Camp training week (no camp)	@ Dressel Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	@ Dressel Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	@ Dressel Camp Flyers Club gr. 1-6 Tue-Fri (6:30a-6p)	@ Dressel Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	@ Dressel Camp Flyers Club gr. 1-6 Mon, Wed-Fri (6:30a-6p)
Enrichment		@ Dressel* *Supervision available between morning & afternoon enrichment camps at Dressel. Morning Camps Bricks Pokemon gr. 1-6 Mon-Thu (9a-12p) Jewelry Creations gr. 1-5 Mon-Thu (9a-12p) Little Doctor gr. 1-5 Mon-Thu (9a-12p) Magic Mystery gr. 1-6 Mon-Thu (9a-12p) Afternoon Camps Little Vet-Cats gr. 1-5 Mon-Thu (1-4p) Bricks Ninjago gr. 1-6 Mon-Thu (12:30-3:30p) Morning and Afternoon Astro Innovators gr. 2-5 Mon-Thu (9a-3p) World of Design gr. 1-5 Mon-Thu (9a-3p) @ Sappington Outdoor Archery gr. 3-6 Mon-Thu (9a-12p) @ Truman Story Ballet ages 7-11 Mon-Thu (2:30-3:30p)	@ Dressel* *Supervision available between morning & afternoon enrichment camps at Dressel. Morning Camps Jewelry Creations gr. 1-5 Mon-Thu (9a-12p) Little Med School gr. 1-5 Mon-Thu (9a-12p) Balloonatics gr. 1-6 Mon-Thu (9a-12p) Minecraft Bricks gr. 1-6 Mon-Thu (9a-12p) Playground Games ages 5-8 Mon-Thu (9a-12p) Extreme Sports ages 9-12 Mon-Thu (9a-12p) Afternoon Camps Wilderness Med. gr. 1-5 Mon-Thu (1-4p) Bricks Superheroes gr. 1-6 Mon-Thu (12:30-3:30p) Playground Games ages 9-12 Mon-Thu (1-4p) Extreme Sports ages 5-8 Mon-Thu (1-4p) Morning and Afternoon Mad Inventors gr. 2-5 Mon-Thu (9a-3p) Artist's Passport gr. 1-5 Mon-Thu (9a-3p) @ Sappington Outdoor Archery gr. 3-6 Mon-Thu (9a-12p) @ Truman Ballet Technique ages 12+ Mon-Thu (2-3:40p)	@ Dressel* *Supervision available between morning & afternoon enrichment camps at Dressel. Morning Camps Little Green Thumb ages 4-5 Tue-Thu (9a-12p) Jewelry Creations gr. 1-5 Tue-Thu (9a-12p) World of Sports gr. 2-4 Tue-Thu (9a-12p) Chess Camp gr. 1-6 Tue-Thu (9a-12p) Afternoon Camps Bricks Mario Bros. gr. 1-6 Tue-Thu (12:30-3:30p) Underground Explorers gr. 1-5 Tue-Thu (12:30-3:30p)	@ Dressel* *Supervision available between morning & afternoon enrichment camps at Dressel. Morning Camps Jewelry Creations gr. 1-5 Mon-Thu (9a-noon) Little Vet-Dogs gr. 1-5 Mon-Thu (9a-noon) Theatre Magic gr. 1-6 Mon-Thu (9a-12:30p) Bricks Jungle gr. 1-6 Mon-Thu (9a-noon) Mathmagic gr. 1-6 Mon-Thu (9a-noon) Playground Games ages 5-8 Mon-Thu (9a-noon) World of Sports gr. 5-8 Mon-Thu (9a-noon) Chess Camp gr. 1-6 Mon-Thu (9a-12p) Afternoon Camps Little Pediatrician gr. 1-5 Mon-Thu (1-4p) Minecraft Bricks gr. 1-6 Mon-Thu (12:30-3:30p) Extreme Sports ages 5-8 Mon-Thu (1-4p) Morning and Afternoon Mad Sci Make It! gr. 1-5 Mon-Thu (9a-3p)	
Gymnastics & Cheer	Camp training week (no camp)	@ ECE West Gym Gymnastics Camp ages 5-14 Mon-Fri (9a-3:30p)	@ ECE West Gym Competitive Gymnastics Camp ages 5-14 Mon-Fri (9a-3:30p)	@ ECE West Gym Cheer Camp ages 5-14 Tue-Fri (9a-3:30p or 9a-12p)	@ ECE West Gym Gymnastics Camp ages 5-14 Mon-Fri (9a-3:30p or 9a-12p)	
Sports	@ Truman Scott Gallagher Soccer Camp gr. 1-8 Tue-Fri (9a-12p)	@ Truman Floor Hockey gr. 3-5 Mon-Thu (9-11a)				@ Truman Baseball Camp gr. 1-3 Mon, Wed-Fri (9-11a)

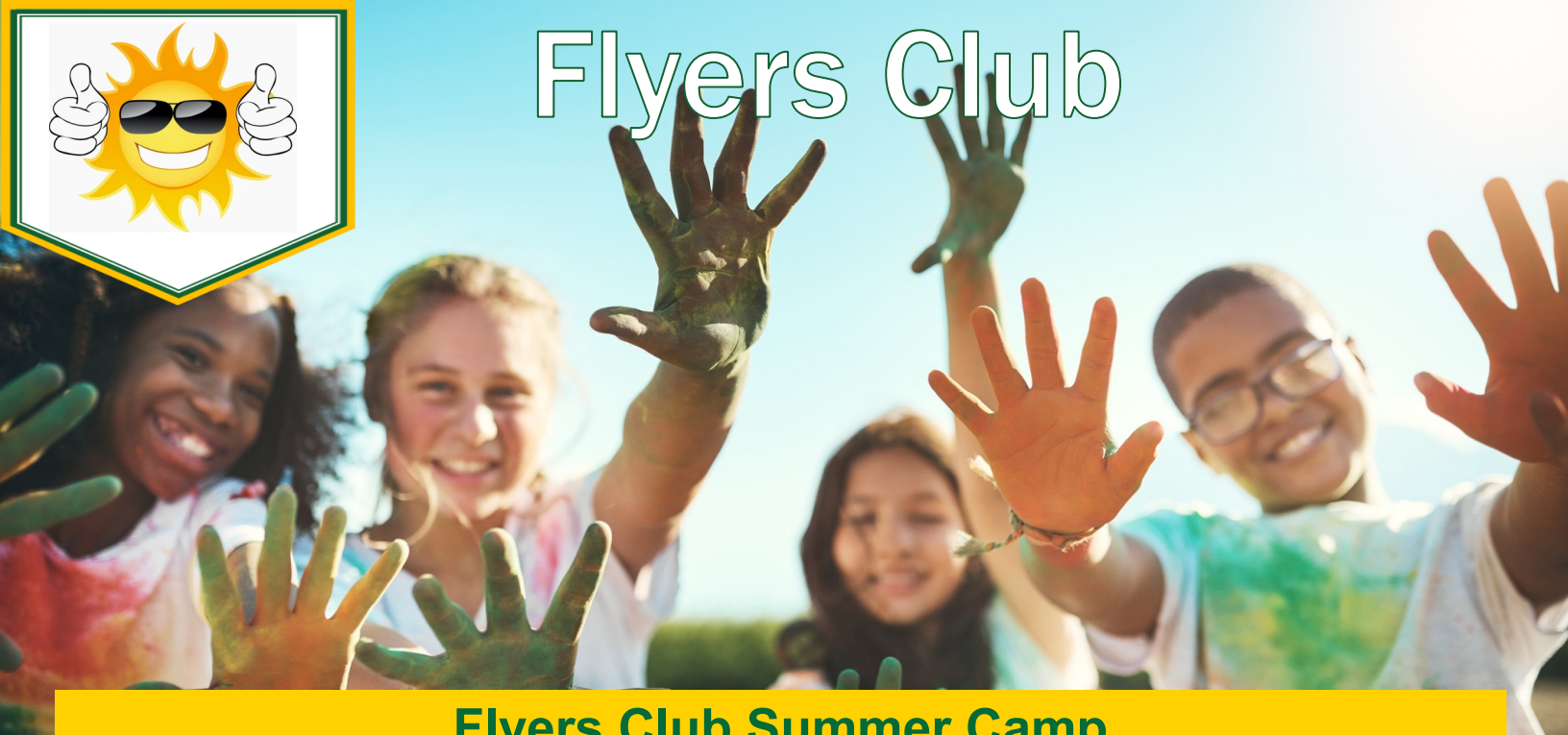
Summer Camps Grid: Weeks of July 10-Aug 7

All summer programs with grade requirements are for the grade students will enter in 2023-24 school year.

Program	Week of July 10	Week of July 17	Week of July 24	Week of July 31	Week of Aug 7	Various Weeks
Flyers Club	@ Dressel Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	@ Dressel Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	@ Dressel Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)	@ Dressel Camp Flyers Club gr. 1-6 Mon-Fri (6:30a-6p)		
Enrichment	@ Dressel* *Supervision available between morning & afternoon enrichment camps at Dressel. Morning Camps Little Vet-Horse gr. 1-5 Mon-Thu (9a-noon) Bricks Star Wars gr. 1-6 Mon-Thu (9a-noon) Rabbits out of Hats & Animal Tricks gr. 1-6 Mon-Thu (9a-noon) Drone Racing ages 8-12 Mon-Thu (9a-noon) Afternoon Camps Wilderness Med. gr. 1-5 Mon-Thu (1-4p) Brick City gr. 1-6 Mon-Thu (12:30-3:30p) Afternoon and Morning Gross Out Science gr. 1-5 Mon-Thu (9a-3p) World of Design gr. 1-5 Mon-Thu (9a-3p) @ Truman Camp Innovate gr. 6-9 Mon-Thu (8:30a-3p)	@ Dressel* *Supervision available between morning & afternoon enrichment camps at Dressel. Morning Camps Theatre Magic gr. 1-6 Mon-Thu (9a-12:30p) Hit Movie Moves ages 5-8 Mon-Thu (9a-noon) Bricks Mario Bros gr. 1-6 Mon-Thu (9a-noon) Kids Comedy gr. 1-6 Mon-Thu (9a-noon) Afternoon Camps Bricks Pokemon gr. 1-6 Mon-Thu (12:30-3:30p) Morning and Afternoon Camp Ignite gr. 2-6 Mon-Thu (9a-3:30p) Secret Agent Lab gr. 1-5 Mon-Thu (9a-3p) @ Sperreng Camp Innovate gr. 6-9 Mon-Thu (8:30a-3p) @ Truman Ballet Technique ages 12+ Mon-Thu (2-3:40p)	@ Dressel Morning Camps Circus Stars gr. 1-6 Mon-Thu (9a-noon) Bricks Jungle gr. 1-6 Mon-Thu (9a-noon) Chess Camp gr. 1-6 Mon-Thu (9a-12p) Morning and Afternoon Camp Ignite gr. 2-6 Mon-Thu (9a-3:30p) Wings & Things gr. 1-5 Mon-Thu (9a-3p) Art Blazers gr. 1-5 Mon-Thu (9a-3p)	@ Truman Drone Racing ages 8-12 Mon-Thu (1-4p)		Gentle Yoga ages 15+ Tue evening (see page 17) Silver Swans Ballet ages 45+ Wed morning (see page 11) Driver Education ages 15+ (see page 17)
Gymnastics & Cheer	@ ECE West Gym Gymnastics Camp ages 5-14 Mon-Fri (9a-3:30p)	@ ECE West Gym Competitive Gymnastics Camp ages 5-14 Mon-Fri (9a-3:30p)	@ ECE West Gym Cheer Camp ages 5-14 Mon-Fri (9a-3:30p or 9a-12p)	@ ECE West Gym Gymnastics Camp ages 5-14 Mon-Fri (9a-3:30p or 9a-12p)	@ ECE West Gym Gymnastics Camp ages 5-14 Mon-Fri (9a-3:30p)	Parent/Child (see page 20) Progressive Class Levels ages 5-14 (see pages 19-20) Pre-Team/Team ages 5+ (see page 21) Boys Team/Gym ages 6-14 (see page 21) Open gyms ages 5+ (see page 21)
Sports	@ Truman Flag Football Camp gr. 2-5 Mon-Thu (9-11a) @ Lindbergh HS Handball Camp gr. 5-8 Mon-Thu (9a-12p)	@ Lindbergh HS Basketball Camp ages 5-8 Mon-Thu (9a-12p) Basketball Camp ages 9-12 Mon-Thu (1-4p)		@ Truman Softball Camp gr. 1-3 Mon-Thu (9-11a)		Baseball League gr. 1-6 (see page 22) Tee Ball ages 3-5 Mon or Sat (see page 22) Baseball/Softball Clinics gr. 1-8 (see page 22) Tennis Lessons ages 4-17 Fri mornings (page 23) Martial Arts and Jiu Jitsu ages 6-13 (see page 24) Ultimate Frisbee gr. 6-8 (see page 25) Soccer Club Kickaround U8-U12 (see page 25) Golf Programs ages 5+ (see page 26)



Flyers Club



Flyers Club Summer Camp

Flyers Club Summer Camp: Grades 1-6

Let's make memories! Camp Flyers Club offers a fun and active summer program for elementary students. Get ready to enjoy new adventures each week with a different theme and activities! Experience art, music, games, science, and more! Each week includes swimming and/or a field trip/special guest. Student grade levels are based on the upcoming 2023-24 school year.

Flyers Club Camps are held at Dressel Elementary

- Camp Hours are 6:30 a.m.-6 p.m.
- \$25 nonrefundable application fee per student
- Minimum of 2-days required per week.
- Auto-draft payments required
- Weekly fee due on the Thursday prior to the start of camp

2-Days per Week	\$174
3-Days per Week	\$192
4-Days per Week	\$205
5-Days per Week	\$225

Items to Bring:

1. Lunch/Water Bottle
2. 2 snacks (AM & PM)
3. Change of clothes
4. Tennis shoes
5. Sunscreen
6. Hat/sunglasses

Items to Keep at Home:

1. Clothes that can't get dirty
2. Money, valuable items
3. Toys, electronics, personal items
4. Food that needs to be heated or refrigerated
5. Pets

Weekly Camp Dates and Themes

Monday-Friday *Week 3 and Week 5 are 4-days

Week 1 | June 5-9 | Adventures in Nature

Week 2 | June 12-16 | Creepy Crawlers

Week 3* | June 20-23 (no camp June 19) | Superheroes

Week 4 | June 26-30 | Pets on Parade

Week 5* | July 3-7 (no camp July 4) | Happy Birthday, USA

Week 6 | July 10-14 | Wheels, Gears, and Motion

Week 7 | July 17-21 | Sports Fanatics

Week 8 | July 24-28 | Planets, Stars, and Science

Week 9 | July 31-Aug 4 | Exploring Art



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Flyers Club



Flyers Club School-Age Child Care

Flyers Club Before and After School-Age Care: 2023-24 School Year

Flyers Club before and after school-age care program provides students in grades K-5 with a fun, safe, and engaging program during the hours before and after school. Programs are located at all Lindbergh elementary schools, providing a familiar and convenient setting. The staff-student ratio for Flyers Club is 1:16. Student interests directs the activities in Flyers Club. Activities may include art, drama, literacy, math games, science, music, and reading. Exploration of ideas and friendships with peers are encouraged by our caring Flyers Club staff team. Participation is limited to attending students only. Please note that enrollment options are subject to availability.

Early Release Days

Flyers Club offers after care on days when the elementary schools have half days at no extra cost to students enrolled in after care. Students can attend at their school location from dismissal time until 6 p.m.

Schools Out Camp

Flyers Club offers programming on planned days when Lindbergh Schools is not in session, for an additional fee. Care is not offered when the district closes for inclement weather or other unforeseen circumstances. Schools Out Camp information will be available in the upcoming Fall and Winter-Spring Catalogs.

2023-24 Before and After Care Monthly Rates

Days per Week	Both Before and After	Before Only 6:30-8:45 a.m.	After Only 3:35-6 p.m.
2	\$195	\$101	\$126
3	\$265	\$134	\$166
4	\$321	\$160	\$199
5	\$362	\$180	\$223

- Families are billed monthly September-May (9-payments)
- \$25 nonrefundable application fee per student
- Auto-draft payments required
- Partial fee assistance is available for Lindbergh students qualifying for free and reduced lunch. Please email communityed.rec@lindberghschools.ws for information



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Enrichment



Enrichment

All summer programs are for the grade students will enter in the fall of the 2023-24 school year.

Camp Ignite: Grades 2-6

Do you enjoy robotics, coding, and augmented reality? At camp Ignite, we believe in the power of imagination, creativity and innovation. Our mission is to encourage STEAM learning experiences through the design and construction of physical objects. Educators will lead the activities, which have been designed to support student development, especially in the area of science. Engage in making predictions, designing, testing, revising and retesting their project designs. Explore Book Creator, Chess, Coding, Robotics, and more! Please bring a sack lunch, snacks, and water bottle.

Mon-Thu | July 17-20 | 9 a.m.-3:30 p.m. | Dressel Elem
\$199 | Register by July 3

Mon-Thu | July 24-27 | 9 a.m.-3:30 p.m. | Dressel Elem
\$199 | Register by July 3

Camp Innovate: Grades 6-9

Producing videos, designing projects with special printers, and solving mysteries with secret codes are just a few of the projects you will see at our Makerspace this summer. At Camp Innovate, we believe in the power of imagination, creativity, and innovation. We encourage STEAM learning experiences through the design and construction of physical objects. Explore all of the following topics throughout the day: Breakout Boxes, 3D Printer, Minecraft EDU, Green Screens, Cricut Maker, and Laser Printer. Please bring a sack lunch, snacks, and water bottle.

Mon-Thu | July 10-13 | 8:30 a.m.-3 p.m. | Truman Middle
\$199 | Register by June 26

Mon-Thu | July 17-20 | 8:30 a.m.-3 p.m. | Sperrang Middle
\$199 | Register by June 26



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Enrichment



Outdoor Archery Adventure: Grades 3-6

Enjoy outdoor education activities and archery! Build tents, have a fishing derby, participate in orienteering, play yard games and practice archery. Learn about camping safety and how to be a responsible hunter and/or camper. Camp will move indoors for inclement weather. Taught by PE teachers Mary Driemeyer and Scott Mulvaney.

Mon-Thu | June 5-8 | 9 a.m.-noon | Sappington Elem
\$144 | Register by May 29

Mon-Thu | June 12-15 | 9 a.m.-noon | Sappington Elem
\$144 | Register by June 5

World of Sports: Grades 2-8

Just want to play sports? This program will allow you to experience a wide variety of sports, such as basketball, soccer, floor hockey, and dodgeball!

Grades 2-4 | Tue-Thu | June 20-22 | 9 a.m.-noon | Dressel Elem
\$108 | Register by June 12 | No class June 19

Grades 5-8 | Mon-Thu | June 26-29 | 9 a.m.-noon | Dressel Elem
\$144 | Register by June 19

Jewelry Creations: Grades 1-5

Let's create! In Jewelry Creations camp you will learn new techniques to make unique pieces of jewelry or accessories like bookmarks, zipper pulls, jewelry dishes and more! Some techniques include stringing, wire wrapping, metal stamping, shrink art, resin molding, and clay sculpting. Each course section will have a weekly theme with different creations!

Summer Fun

Mon-Thu | June 5-8 | 9 a.m.-noon | Dressel Elem
\$129 | Register by May 29

Disney

Mon-Thu | June 12-15 | 9 a.m.-noon | Dressel Elem
\$129 | Register by June 5

Nature

Tue-Thu | June 20-22 | 9 a.m.-noon | Dressel Elem
\$97 | Register by June 12 | No class June 19

Out of this World

Mon-Thu | June 26-29 | 9 a.m.-noon | Dressel Elem
\$129 | Register by June 19



Little Doctor School Camp: Grades 1-5

Future doctors will learn about prescriptions, explore the brain and spine, and learn about vital bodily functions through hands-on activities and role-play. You will build a first aid kit and create models of the brain and spine. Offered in partnership with Little Medical School®.

Mon-Thu | June 5-8 | 9 a.m.-noon | Dressel Elem
\$185 | Register by May 29



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Little Veterinarian Camp- Cats: Grades 1-5

Every cat needs a friend! Role-play the key duties of a veterinarian and learn how to care for cats. You will learn how to give a nose to tail exam, suture lacerations, give immunizations, discover the elements that make up a cat's blood, read an x-ray, explore their digestion and understand cat body language. Offered in partnership with Little Medical School®.

Mon-Thu | June 5-8 | 1-4 p.m. | Dressel Elem
\$185 | Register by May 29



Little Medical School Camp: Grades 1-5

Enjoy science, healthcare, and the exciting world of medicine in a creative, fun and interactive way! Receive a white lab coat and learn to use medical instruments like a reflex hammer, blood pressure cuff, and a stethoscope. Explore how the heart, lungs, and digestive system work and how to keep them healthy. Become a surgeon for the day and learn to suture and tie knots. On the last day, we will have a graduation ceremony with fellow campers, inspired to become the next healthcare heroes. Offered in partnership with Little Medical School®.

Mon-Thu | June 12-15 | 9 a.m.-noon | Dressel Elem
\$185 | Register by June 5

Wilderness Medicine Camp: Grades 1-5

Conquer the great outdoors! Role play emergency scenarios in the wild and learn how to prepare for natural disasters. Future emergency medics will learn about snake bites, hypothermia, tourniquets, poisonous plants, edible plants, distress signals, forest fires, tornadoes, storms, mosquito bites, and water safety. Offered in partnership with Little Medical School®.

Mon-Thu | June 12-15 | 1-4 p.m. | Dressel Elem
\$185 | Register by June 5

Mon-Thu | July 10-13 | 1-4 p.m. | Dressel Elem
\$185 | Register by July 3

Little Veterinarian Camp- Dogs: Grades 1-5

Every dog needs a friend! Role-play the key duties of a veterinarian and learn how to care for dogs. Give a nose to tail exam, suture lacerations, give immunizations, remove ticks from a dog, read an x-ray, explore their digestion and understand dog body language. Offered in partnership with Little Medical School®.

Mon-Thu | June 26-29 | 9 a.m.-noon | Dressel Elem
\$185 | Register by June 19

Little Pediatrician School: Grades 1-5

A baby is born! Learn about the umbilical cord and role-play a pediatrician, perform head-to-toe exam, learn about diapering, and diaper rash. Learn how to burp, feed, and give a baby a bath. Also learn about immunizations and the Heimlich Maneuver for infants. Offered in partnership with Little Medical School®.

Mon-Thu | June 26-29 | 1-4 p.m. | Dressel Elem
\$185 | Register by June 19

Little Veterinarian School- Horses: Grades 1-5

Biting at the bit to learn about horses? Become a vet for a week and learn all about the care and maintenance of a horse. Take an oath and use real medical tools to keep your newly adopted horse happy and healthy. After learning about horse anatomy, riding styles, and nutrition, you can ride into the sunset with your diploma. Giddyup! Offered in partnership with Little Medical School®.

Mon-Thu | July 10-13 | 9 a.m.-noon | Dressel Elem
\$185 | Register by July 3



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Story Ballet: Ages 7-11

Enjoy the art of storytelling through ballet! Dancers discover the balletic mime and learn simple choreography. Whether you have no or some experience in dance, each class will engage your imagination and familiarize you with ballet technique.

Mon-Thu | June 5-8 | 2:30-3:30 p.m. | Truman Middle
\$59 | Register by May 29

Ballet Technique: Ages 12+

For pre-intermediate/intermediate dancers with extensive understanding of ballet technique and concepts. Dancers must have at least 4 years of continuous ballet training. Dancers who are on pointe must bring their shoes. Class is also open to students who are in Ballet 3. Please bring a water bottle and a yoga mat or big towel for floor work.

Mon-Thu | June 12-15 | 2-3:40 p.m. | Truman Middle
\$79 | Register by June 5

Mon-Thu | July 17-20 | 2-3:40 p.m. | Truman Middle
\$79 | Register by July 10

Silver Swans: Ages 45+

Designed for older life-long learners and ballet lovers, Silver Swans will help improve your mobility, posture, coordination, and energy levels while dancing to beautiful music. Please bring a water bottle to class.

Wed | June 7-28 | 8:45-9:45 a.m. | Truman Middle
\$59 | Register by May 29



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Show in a Week! Theatre Magic: Grades 1-6

This magical camp will leave you enchanted! Learn from Ignite teaching artists about musical theatre dance, voice, and performance technique- plus lots of fun! You will learn about audition and callback techniques on day one, and be assigned roles for a final performance that will include songs and scenes from Disney's Winnie the Pooh Kids and the Addams Family! Offered in partnership with Ignite Theatre Company.

Mon-Thu | June 26-29 | 9 a.m.-12:30 p.m. | Dressel Elem
\$145 | Register by June 19

Mon-Thu | July 17-20 | 9 a.m.-12:30 p.m. | Dressel Elem
\$145 | Register by July 10



Hit Movie Moves: Ages 5-8

STL Rhythm Collaborative's professional dancers will lead you on a journey to explore movement from some of our favorite films, such as Moana and Encanto. Start each class with a warm-up and stretching, followed with basic dance techniques and the chance to explore your own movement through guided activities. View clips from hit films, learn elements of choreography, and create some of your own props. Please wear comfortable clothing and sneakers. Dance shoes may be worn, but not required. No previous dance experience needed. Offered in partnership with STL Rhythm Collaborative.

Mon-Thu | July 17-20 | 9 a.m.-noon | Dressel Elem
\$199 | Register by July 10

Enrichment



Mario Brothers: Grades 1-6

Themes such as Super Mario Bros, Roblox, Beyblades, Pokémon, and Minecraft come to life through the use of our robots, mosaics, and 3D art, all made out of LEGO® Bricks. Don't forget classic Nintendo and SEGA themes such as Zelda, Duck Hunt, Pacman, and Sonic the Hedgehog! Each day will be a new adventure as the virtual and LEGO® worlds combine! Offered in partnership with Bricks 4 Kidz.

Tue-Thu | June 20-22 | 12:30-3:30 p.m. | Dressel Elem
\$119 | Register by June 12 | No class on June 19

Mon-Thu | July 17-20 | 9 a.m.-noon | Dressel Elem
\$159 | Register by July 10

Pokemon-Pocket Brick Monsters: Grades 1-6

Get ready for an adventure in the world of Pokémon®! Capture wild Pokémon® creatures and train them for battle. Tap into your inner engineer as we build Dratini, Pikachu, Poké Balls, and more. Show off your skills as you battle for power in your journey through the Pokémon® universe. Do you have what it takes to become a Pokémon® Master? Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 5-8 | 9 a.m.-noon | Dressel Elem
\$159 | Register by May 29

Mon-Thu | July 17-20 | 12:30-3:30 p.m. | Dressel Elem
\$159 | Register by July 10

Galaxy Far Away (Star Wars): Grades 1-6

Join us for an adventurous journey through space! Build the Redstone Rocket to blast through the atmosphere into a realm that is truly out of this world. Build lots of motorized Star Wars models for both the Rebel forces and the Dark side. Come experience this stellar journey to a galaxy far away! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | July 10-13 | 9 a.m.-noon | Dressel Elem
\$159 | Register by July 3

Minecraft Bricks: Grades 1-6

Enjoy a week of building Minecraft characters with LEGO bricks, amateur LEGO robotic motorized builds, and playing the real Minecraft computer game. No experience necessary. Two great things that go great together - Minecraft and LEGO bricks! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 12-15 | 9 a.m.-noon | Dressel Elem
\$159 | Register by June 5

Mon-Thu | June 26-29 | 12:30-3:30 p.m. | Dressel Elem
\$159 | Register by June 19

Brick Jungle: Grades 1-6

Come along on a LEGO jungle adventure. We will create a jungle out of LEGO bricks and include daily building of motorized anacondas, elephants, crocodiles, and more. So pack your adventure bag and treasure maps, and get ready to explore the BRICK JUNGLE! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 26-29 | 9 a.m.-noon | Dressel Elem
\$159 | Register by June 19

Mon-Thu | July 24-27 | 9 a.m.-noon | Dressel Elem
\$159 | Register by July 17

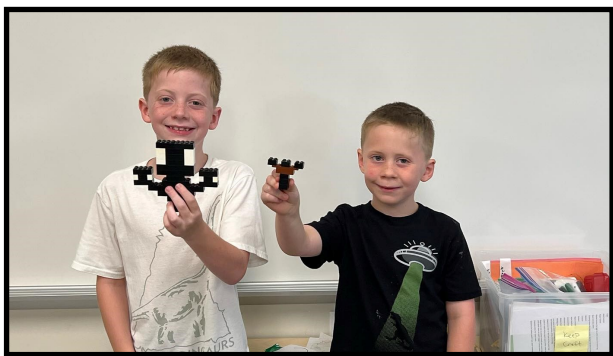


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Teach with Us!

Do you have a special skill, talent, or knowledge you wish to share? Then teach with us! Email us at communityed.rec@lindberghschools.ws if you're interested.



Superheroes-Batman: Grades 1-6

Join Bricks 4 Kidz for a week building Superheroes and Batman with LEGO® bricks. Create a fantasy world and protect it against all the evil arch enemies with custom contraptions made with LEGO® bricks. Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 12-15 | 12:30-3:30 p.m. | Dressel Elem
\$159 | Register by June 5

Brick City: Grades 1-6

Let's build a CITY! What would a city be without the architects and engineers who come up with the ideas, plans and building skills for cities and make it all come together? Campers will put their engineering and architecture skills to work as they build city themed models using LEGO® Bricks. Campers have a blast using custom-built cars to move the people of the city around town! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | July 10-13 | 12:30-3:30 p.m. | Dressel Elem
\$159 | Register by July 3

Brick Super Ninjas (Ninjago): Grades 1-6

ARE YOU A BRAVE NINJA? Builders will be transported to a world filled with brave ninja's, mythical dragons and giant serpents. Build your mini figures and enter the battles! This camp is filled with NINJAGO games and challenges. Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 5-8 | 12:30-3:30 p.m. | Dressel Elem
\$159 | Register by May 29



Astro Innovators: Grades 2-5

Use creative and collaborative skills to design a mission patch, train like an astronaut and solve real-world engineering problems using spinoff technology, just like NASA astronauts working together on a mission. They propose answers to questions like "How could space suit cooling tubes be used to solve a problem here on Earth? How could robotic arms help make our world a better place?" Then, they create a storyboard and presentation to share their spinoff project and work on their science communication skills. Offered in partnership with Mad Science of St. Louis.

Mon-Thu | June 5-8 | 9 a.m.-3 p.m. | Dressel Elem
\$259 | Register by May 29

Mad Inventors: Grades 2-5

Creative Contraption Warning! This is a camp designed by you-the Inventor! Each day you'll be given a series of challenges which must be overcome using basic materials, simple machines, tips from world famous inventors and the most important thing of all-your mind. With a little bit of ingenuity, you'll construct catapults and forts and then lay siege, fabricate a winning egg drop design, construct a dancing robot and assemble a working lightsaber to take home. While Thomas Edison said invention is 10% inspiration and 90% perspiration, this camp is 100% fun!

Mon-Thu | June 12-15 | 9 a.m.-3 p.m. | Dressel Elem
\$259 | Register by June 5



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Enrichment

Underground Explorers: Grades 1-5

Learn about archaeology and the techniques scientists use to excavate long lost cities! Discover ancient civilizations including the tools and artifacts they used in everyday life! Study bone fragments, pottery shards, amber deposits, and fossils. Each class includes a make and take-home project, like a fossil reproduction, an amber time capsule, and coins from around the world! Offered in partnership with Mad Science of St. Louis.

Tue-Thu | June 20-22 | 12:30-3:30 | Dressel Elem
\$139 | Register by June 12 | No class on June 19

Make It!: Grades 1-5

Build a large geodesic dome and a bridge to withstand the shake, rattle and roll challenge! Explore birds and beasts by birdhouse building and investigating super bugs. What did Hooty eat? You will dissect owl pellets and reconstruct Hooty's dinner. Enter the chemistry lab to mix, mash, and brew concoctions for chalk and bath fizzers! Assemble pulleys, levers, catapults, and megapinchers! Discover the wonders of photography and make your own chromatography-dyed T-shirt. Offered in partnership with Mad Science of St. Louis.

Mon-Thu | June 26-29 | 9 a.m.-3 p.m. | Dressel Elem
\$259 | Register by June 19

Secret Agent Lab: Grades 1-5

Ever dream of becoming a secret agent? From decoding messages to metal detectors, and night vision, campers get to check out spy tech equipment and take home lots of gadgets like spy glasses! Step into the shoes of a detective as you uncover the science used in evidence gathering and analysis! Figure out the science of forensics with a hands-on look at crime scenes! Become a super spy by learning clever ways to investigate the science that spies use! Offered in partnership with Mad Science of St. Louis.

Mon-Thu | July 17-20 | 9 a.m.-3 p.m. | Dressel Elem
\$259 | Register by July 10

Gross Out Science: Grades 1-5

Miss Manners might not approve, but kids definitely will! Gross out camp is a week of learning about our gross bodily functions such as burping, boogers, excrement, gas, saliva, germs, as well as how our brain, cells, heart, organs and blood contribute to this. Offered in partnership with Mad Science of St. Louis.

Mon-Thu | July 10-13 | 9 a.m.-3 p.m. | Dressel Elem
\$259 | Register by July 3

Wings & Things: Grades 1-5

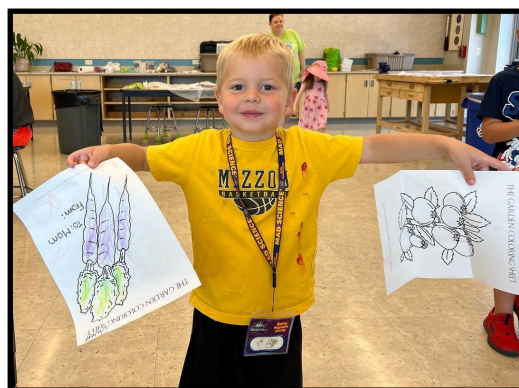
From the earliest flying machines to the first rocket flights, this hands-on program focuses on aerodynamics and the world above us! Build many different flying devices and put them to the test! Traveling further up, investigate our very own Milky Way. Join your fellow "astronauts" as we send an awesome Mad Science rocket to the sky! Offered in partnership with Mad Science of St. Louis.

Mon-Thu | July 24-27 | 9 a.m.-3 p.m. | Dressel Elem
\$259 | Register by July 17

Little Green Thumb: Ages 4-5

Give your preschooler a green thumb without using paint! Campers will learn about plants by dissecting seeds, making leaf rubbings, and creating frameable fruit and veggie prints. Learn what types of weather are vital for a healthy garden. Put on a Bee-utiful Bug Costume and flutter around as you learn about one of a flower's favorite pollinators! Come see what the buzz is all about! Offered in partnership with Mad Science of St. Louis.

Tue-Thu | June 20-22 | 9 a.m.-noon | Dressel Elem
\$139 | Register by June 12 | No class on June 19



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World of Design: Grades 1-5

Think it! Draw it! Make it! Take a journey to the farthest reaches of the imagination while learning about the ocean, rainforest, mars, a futuristic city, and more! Experiment with Crayola products and many techniques like sculpting, storyboarding, collage, and mixed media. Offered in partnership with Crayola® Imagine Arts Academy™ of St. Louis

Mon-Thu | June 5-8 | 9 a.m.-3 p.m. | Dressel Elem
\$259 | Register by May 29

Mon-Thu | July 10-13 | 9 a.m.-3 p.m. | Dressel Elem
\$259 | Register by July 3

Artist's Passport: Grades 1-5

Explore far off places and learn about the people who live there, from the Americas to Polynesia, from the cosmopolitan to the country side. Experiment with Crayola products while trying techniques from local artists. Make masterpieces such as drums, masks, prints, and more! Offered in partnership with Crayola® Imagine Arts Academy™ of St. Louis.

Mon-Thu | June 12-15 | 9 a.m.-3 p.m. | Dressel Elem
\$259 | Register by June 5

Art Blazers: Grades 1-5

Discover inspiring masterpieces and the artists who have changed the art world- from Frida Kahlo's self-portraits to Keith Haring's street art. Experiment with many techniques and use Crayola art materials to express creative ideas. Design a unique creation each day. Create the change and art that you want to see in the world! Offered in partnership with Crayola® Imagine Arts Academy™ of St. Louis.

Mon-Thu | July 24-27 | 9 a.m.-3 p.m. | Dressel Elem
\$259 | Register by July 17



Saint Louis Chess Club Camps: Grades 1-6

Chess camps are the perfect way to learn the game, or for established players to deepen their understanding of the game. Aspiring top tier players can take on some intensive instruction. Trained chess club instructors provide daily lessons, puzzles, and play to help guide you through each lesson. Instruction offers a solid foundation, emphasizing the fundamental skills needed to begin a lifetime of learning in chess including: proper piece and board set-up, algebraic notation (chess language), and principles of play. Offered in partnership with the Saint Louis Chess Club.

Tue-Thu | June 20-22 | 9 a.m.-noon | Dressel Elem
\$149 | Register by June 13 | no class June 19

Mon-Thu | June 26-29 | 9 a.m.-noon | Dressel Elem
\$199 | Register by June 19

Mon-Thu | July 24-27 | 9 a.m.-noon | Dressel Elem
\$199 | Register by July 17



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Enrichment



Magic Mystery Camp: Grades 1-6

What do you get when combining theater and magic? Magical Mystery Camp! Learn new magic tricks each day and put on a show! Weave your tricks into a mystery show that you create and perform on the last day for families! Work on character development, acting, and improv. Offered in partnership with Abra-Kid-Abra.

Mon-Thu | June 5-8 | 9 a.m.-noon | Dressel Elem
\$119 | Register by May 29

Balloonatics Camp: Grades 1-6

Get ready for an exciting balloon bash! Create balloon animals, spin out with UFO balloons, and make a balloon helicopter that flies! Take home a different novelty balloon each day, such as a race car, rocket, and more! Camp concludes within a balloon twist jam for families. Come join the fun in this unique and creative camp! Offered in partnership with Abra-Kid-Abra.

Mon-Thu | June 12-15 | 9 a.m.-noon | Dressel Elem
\$119 | Register by June 5

Mathmagic Camp : Grades 1-6

Mind read the number a spectator is thinking of! Instantly add a column of 4-digit numbers! Make balls travel mysteriously from one hand to another! The tricks are math-based, so while having fun learning magic, you'll hone your math skills! You'll get your own magic case and new props to put in it daily. You'll also learn out-of-the-box thinking to pull one over on your friends. Camp culminates with campers starring in a mathemagic show for their families. Goals are to build math skills, excitement about math, to develop presentation skills, confidence, and to have fun! Offered in partnership with Abra-Kid-Abra.

Mon-Thu | June 26-29 | 9 a.m.-noon | Dressel Elem
\$119 | Register by June 19

Rabbits out of Hats & Animal Tricks: Grades 1-6

Vanish an elephant! Change a person into a rabbit! Magically produce a 6' high palm tree! These are just a few of the fun tricks you'll learn in Abra-Kid-Abra's new magic camp! Get your own magic box to perform new tricks each day! Learn comedy magic skits, balloon twisting, magic puzzles, more! Camp culminates with putting on a show for families. We will not use real animals. Offered in partnership with Abra-Kid-Abra.

Mon-Thu | July 10-13 | 9 a.m.-noon | Dressel Elem
\$119 | Register by July 3

Kids Comedy Camp: Grades 1-6

Funny how much fun you can have when you're learning to be funny! Learn comedy by doing! Master the secrets of stand-up, sketch, and improv comedy. Take home a new gag each day such as rubber chickens, squirt rings, gag glasses, and more! Perform a new comedy for your family each night! Camp ends with a comedy show for family and friends. Offered in partnership with Abra-Kid-Abra.

Mon-Thu | July 17-20 | 9 a.m.-noon | Dressel Elem
\$119 | Register by July 10

Circus Stars Camp: Grades 1-6

Walk on stilts! Ride a mini-bike! Balance on a rolla bolla board! These are some of the skills you'll learn in camp! Learn juggling, plate spinning, clown acts, animal balloons, and more! Plus, we are introducing some new juggling and balancing skills this year! Camp culminates with the students performing an amazing circus for their family and friends! Offered in partnership with Abra-Kid-Abra.

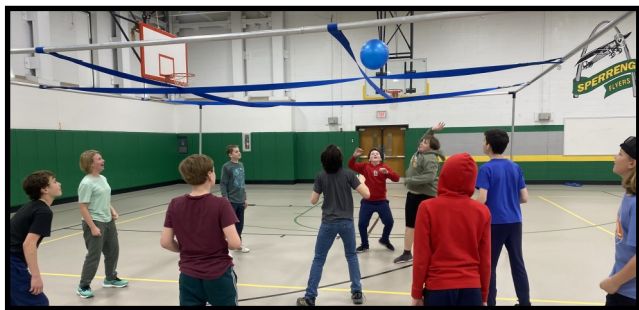
Mon-Thu | July 24-27 | 9 a.m.-noon | Dressel Elem
\$119 | Register by July 17



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Enrichment



The Rec Academy- Playground Games: Ages 5-12

Have a blast playing games like kickball, flag tag, soccer, football, relay races, wax museum, floor is lava, and more. The activities are always changing and debriefed to add educational reflection. Offered in partnership with the Rec Academy.

Ages 5-8 | Mon-Thu | June 12-15 | 9 a.m.-noon | Dressel Elem
\$144 | Register by June 5

Ages 5-8 | Mon-Thu | June 26-29 | 9 a.m.-noon | Dressel Elem
\$144 | Register by June 19

Ages 9-12 | Mon-Thu | June 12-15 | 1-4 p.m. | Dressel Elem
\$144 | Register by June 5

The Rec Academy- Extreme Sports: Ages 5-12

This camp features some of our most exciting activities. Foam tipped archery, gaga ball tournaments, and a mystery game- dodgeball, 9-square in the air, capture the flag. Offered in partnership with the Rec Academy.

Ages 5-8 | Mon-Thu | June 12-15 | 1-4 p.m. | Dressel Elem
\$169 | Register by June 5

Ages 5-8 | Mon-Thu | June 26-29 | 1-4 p.m. | Dressel Elem
\$169 | Register by June 19

Ages 9-12 | Mon-Thu | June 12-15 | 9 a.m.-noon | Dressel Elem
\$169 | Register by June 5

The Rec Academy- Drone Racing: Ages 8-12

Learn how to fly using first-person view headset. Pilots work various challenges and perform different maneuvers familiarize with the drone's speed and agility. Design and build the course for the last day competition. Instructors will use the Tiny Hawk 2 Racing Drone. Offered in partnership with the Rec Academy.

Mon-Thu | July 10-13 | 9 a.m.-noon | Dressel Elem
\$199 | Register by July 3

Mon-Thu | July 31-Aug 3 | 1-4 p.m. | Truman Middle
\$199 | Register by July 24

Driver Education Course

Includes virtual learning classroom, in-person driving, and behind the wheel observation. Learn skills related to traffic laws, vehicle dynamics and driving situations while using techniques for defensive driving. You must be at least 15 years of age with a valid Missouri driving permit. This is a non-credit course, but may help qualify for auto insurance discounts. Total of 4 hours of drive time. All classes are led by certified driving instructors. The instructor will email you prior to the start of class with links and any other info. Drive time sign-up will take place at a later time TBD.

Mon & Wed | June 5-19 | 6-8 p.m.
\$299 | Register by May 29 | Zoom/In-person driving

Tue & Thu | June 27-July 18 | 6-8 p.m. | No class July 4, 6
\$299 | Register by June 19 | Zoom/In-person driving

Tue & Thu | July 25-Aug 8 | 6-8 p.m.
\$299 | Register by July 17 | Zoom/In-person driving



Gentle Yoga: Ages 15+

Gentle yoga creates a safe, effective, and compassionate, environment that is welcoming to all! A slow pace coupled with a deeper quality of breath promotes an empowering and challenging practice. Benefits range from healthy joints, improved lung capacity, resilience in the muscles, and more. Relaxation with deeper awareness benefits the mind.

Tue | June 6-July 25 | 6:30-7:30 p.m. | Dressel Elem
\$79 | Register by May 29 | No class July 4



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Gymnastics & Cheer



Gymnastics & Cheer

All gymnastics programs are held at the Gymnastics Center (ECE West)

Gymnastics Camp: Ages 5-14

Perfect for those wanting all things gymnastics! Build a strong foundation of the sport and move at a comfortable pace. Great for both beginner and experienced levels. Learn core skills, flexibility, rolls, cartwheels, pultovers, and more. Athletes will work on all equipment including floor, bars, beam, vault, and trampoline. Please bring a sack lunch (no refrigeration), 2 snacks, water bottle, and sunscreen. Register by May 8 to guarantee a camp t-shirt in the correct size!

Mon-Fri | June 5-9 | 9 a.m.-3:30 p.m.
\$214 | Register by May 29

Mon-Fri | June 26-30 | 9 a.m.-3:30 p.m. or 9 a.m.-noon
Full-day: \$214, Half-day \$114 | Register by June 19

Mon-Fri | July 10-14 | 9 a.m.-3:30 p.m.
\$214 | Register by July 3

Mon-Fri | July 31-Aug 4 | 9 a.m.-3:30 p.m. or 9 a.m.-noon
Full-day: \$214, Half-day \$114 | Register by July 24

Mon-Fri | Aug 7-11 | 9 a.m.-3:30 p.m.
\$214 | Register by July 31

Jr Cheerleading Camp: Ages 5-14

Cheerleading teaches athletes about leadership, teamwork, and also helps build confidence. Learn motions, jumps, chants, and cheers. Plus, work on skills such as tumbling, conditioning, and stunting. Please bring a sack lunch (no refrigeration), 2 snacks, water bottle, and sunscreen. Enroll by May 8 to guarantee a camp t-shirt in the correct size!

Tue-Fri | June 20-23 | 9 a.m.-3:30 p.m. or 9 a.m.-noon
Full-day: \$169, Half-day: \$84 | Register by June 12

Mon-Fri | July 24-28 | 9 a.m.-3:30 p.m. or 9 a.m.-noon
Full-day: \$214, Half-day: \$114 | Register by July 17

Competitive Gymnastics Camp: Ages 5-14

Perfect for those currently on a gymnastics team or those with gymnastics team experience. Spend the week on perfecting your skills and pushing your limits. Camp will be fast-paced, but still allow plenty of time to work on your craft in many areas of gymnastics such as floor, bars, beam, vault, and trampoline. Please bring a sack lunch (no refrigeration), 2 snacks, water bottle, and sunscreen. Enroll by May 8 to guarantee a camp t-shirt in the correct size!

Mon-Fri | June 12-16 | 9 a.m.-3:30 p.m.
\$214 | Register by June 5

Mon-Fri | July 17-21 | 9 a.m.-3:30 p.m.
\$214 | Register by July 10



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Gymnastics & Cheer

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Gymnastics Class Progression Flow Chart

Start Here	No	Yes	Class Name
Is your child between the ages of 12 and 36 months?	X	✓ →	Parent/Child Page 20
Is your child either age 3 or 4 years old?	X	✓ →	Bouncing Bears Page 20
Is your child between the ages of 5 and 14 with little to no gymnastics experience?	X	✓ →	Rolling Rhinos Page 20
Is your child between the ages of 5 and 14 with some experience, but looking to solidify the basics?	X	✓ →	Tumbling Tigers Page 20
Is your child between the ages of 5 and 14 with prior experience and can perform the basic skills?	X	✓ →	Leaping Lions Page 20
Is your child between the ages of 5 and 14 with solid fundamentals and ready to for advanced event skills?	X	✓ →	Pouncing Panthers Page 20
Are you interested in another gymnastics class not listed on this chart?	X	✓ →	Check out other gymnastics and cheer class options pages 18 and 21



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Gymnastics & Cheer

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Parent/Child Gym Exploration: Ages 1-3

You are never too young to be in the gym! Little ones will love the special gym time to play and explore. Watch your child's motor skills and confidence grow. Minimal instruction provided. Must have at least one parent/adult per child.

Tue | June 6-July 18 | 4-4:30 p.m. | No class July 4
\$44 | Register by May 29

Bouncing Bears: Ages 3-4

Learn and explore gymnastics through obstacle courses and games. Learn the equipment and focus on movement that helps develop coordination, balance, and body awareness. Must be potty trained prior to enrolling. Space is limited!

Mon | June 5-Aug 7 | 4:15-4:45 p.m.
\$64 | Register by May 29 | No class June 19, July 3

Tue | June 6-Aug 1 | 4:45-5:15 p.m.
\$64 | Register by May 29 | No class July 4

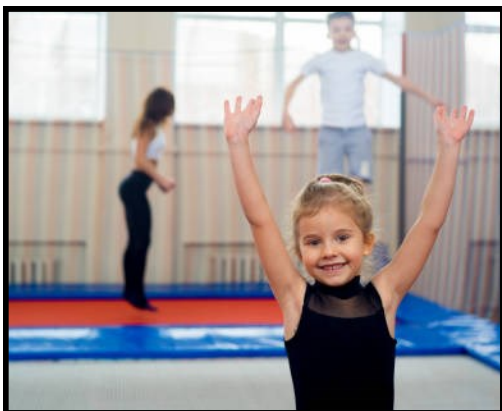
Rolling Rhinos: Ages 5-14

Get your journey started with an intro to the fundamental skills of gymnastics. Learn core skills, flexibility, strength, rolls, cartwheels, and more! Build a strong foundation at your own pace.

Ages 5-6 | Mon | June 5-Aug 7 | 6-6:50 p.m.
\$99 | Register by May 29 | No class June 19, July 3

Ages 5-6 | Tue | June 6-Aug 1 | 5:30-6:20 p.m.
\$99 | Register by May 29 | No class July 4

Ages 7-14 | Tue | June 6-Aug 1 | 5:30-6:20 p.m.
\$99 | Register by May 29 | No class July 4



Tumbling Tigers: Ages 5-14

Solidify the fundamental skills of gymnastics! Master cartwheels, rolls, high beam, bars, and vault skills.

Ages 5-6 | Mon | June 5-Aug 7 | 5-5:50 p.m.
\$99 | Register by May 29 | No class June 19, July 3

Ages 7-14 | Mon | June 5-Aug 7 | 7-7:50 p.m.
\$99 | Register by May 29 | No class June 19, July 3

Leaping Lions: Ages 5-14

For experienced gymnast to build on current skills, learn body awareness, and strength building. These athletes will explore the next set of skills along with further solidifying the basics.

Ages 5-6 | Mon | June 5-Aug 7 | 5-5:50 p.m.
\$99 | Register by May 29 | No class June 19, July 3

Ages 5-6 | Tue | June 6-Aug 1 | 6:30-7:20 p.m.
\$99 | Register by May 29 | No class July 4

Ages 7-14 | Mon | June 5-Aug 7 | 5-5:50 p.m.
\$99 | Register by May 29 | No class June 19, July 3

Ages 7-14 | Tue | June 6-Aug 1 | 7:30-8:20 p.m.
\$99 | Register by May 29 | No class July 4

Pouncing Panthers: Ages 5-14

Prepare yourself for making a big jump to Pre Team. Focus on advanced skills throughout all gymnastics events.

Ages 5-6 | Tue | June 6-Aug 1 | 6:30-7:20 p.m.
\$99 | Register by May 29 | No class July 4

Ages 7-14 | Mon | June 7-Aug 2 | 6-6:50 p.m.
\$99 | Register by May 29 | No class June 19, July 3

Ages 7-14 | Tue | June 6-Aug 1 | 7:30-8:20 p.m.
\$99 | Register by May 29 | No class July 4



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Level 1 & 2 Team: Ages 5+

Junior Olympics Level 1 and 2 teams are competing teams for gymnasts with 75% or more of the required skills in the routines, or gymnasts that have completed Pre-team with excellence. Learn more about the sport, build on skills, and gain confidence through competitive gymnastics! Tryout required.

Level 1 | Wed | May 31-Aug 9 | 6:30-8 p.m.
\$174 | Register by May 24

Level 2 | Thu | June 1-Aug 10 | 6:30-8 p.m.
\$174 | Register by May 24

Xcel Bronze, Silver, Gold, & Platinum Team

Competing team with free form level of gymnastics providing variety of skills to choose from and the ability to create a unique routine. For girls with 75% or more of the required skills in the routines. Increase knowledge of the sport, build skills, and gain confidence through competitive gymnastics! Tryout required.

Bronze | Wed | May 31-Aug 9 | 6:30-8 p.m.
\$174 | Register by May 24

Silver | Thu | June 1-Aug 10 | 4:15-6:15 p.m.
\$209 | Register by May 24

Gold & Platinum | Thu | June 1-Aug 10 | 6:30-8:30 p.m.
\$209 | Register by May 24

NEW! Boys Team: Ages 6+

This free-form level of gymnastics gives athletes a variety of skills to choose from and the ability to create a unique routine. Boys will compete as AAU Xcel Bronze. This level is open to anyone that is interested in getting into or advancing in the competitive world of gymnastics.

Thu | June 1-Aug 10 | 4:45-6:15 p.m.
\$174 | Register by May 24

Boys Gym Time: Ages 6-14

Race through obstacles, learn parkour, gymnastics, and tumbling! Learn core skills, flexibility, strength, and more.

Mon | June 5-Aug 7 | 7-7:50 p.m.
\$99 | Register by May 29 | No class June 19, July 3

Team Overview

Junior Olympics Level 1-2, and Xcel Gymnastics teams primarily operate year-round. There are 3 registration periods for weekly practices: Fall, Winter-Spring, and Summer. Practice fees per enrollment period may vary based on the calendar. During the school year, teams typically compete in at least 5 area meets that are a separate fee. We travel to areas such as St. Charles, Poplar Bluff, Farmington and other area AAU sanctioned meets. Competition apparel is required to be purchased at the start of the fall season for a separate fee. Payment plans are available.

Tryouts- Pre-Team & Team: Ages 5+

Sat | Apr 22 | 1:30-2:30 p.m. | \$10 | Register by Apr 19

Sat | Apr 22 | 3-4 p.m. | \$10 | Register by Apr 19

Pre-Team Gymnastics: Ages 5+

For gymnast with a strong foundation of skills. Acquire competition routines and skills needed to join our team. Learn what it takes to become a Lindbergh Flyers Gymnast!

Wed | May 31-Aug 9 | 5-6:15 p.m. | \$149 | Register by May 24

Open Gyms: Ages 5+

Work on routines, skills, or just have fun!

Fri | 5-7 p.m. | \$10 per date

June 9 | June 23 | July 7 | July 21 | Aug 4



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Sports



Sports

Baseball League-Machine Pitch: Grades 1-6

Let's play ball! Develop your skills and knowledge of the game in a team setting. Once a week practice in the evening and an 8-game schedule. Bring own glove and water bottle. Depending on the number of registrations, grade levels may be combined. Volunteer coaches needed.

Placement for summer is based on student's grade for the 2023-24 school year.

Projected divisions by grades are: 1-2, 3-4, 5-6

Practice Begins: Week of May 22

Games Begin: June 2-3 (Fri & Sat)

Held at Truman Middle or other area facilities

\$99 | Register by April 3

\$114 after April 3, only if space is available

Tee Ball: Ages 3-5

Learn the fundamentals of the game in a fun, team setting! Each week will be divided into instructional practice and game/scrimmage time. T-shirt included. Bring own glove and water bottle. Volunteer assistant coaches needed.

Age 3 | Mon | June 5-July 24 | 6-6:30 p.m. | Truman Middle
\$74 | Register by May 8 | No class June 19, July 3

Ages 4-5 | Mon | June 5-July 24 | 6:40-7:30 | Truman Middle
\$79 | Register by May 8 | No class June 19, July 3

Ages 4-5 | Sat | June 3-July 15 | 9-9:50 a.m. | Truman Middle
\$79 | Register by May 8 | No class July 1

All-Star Baseball & Softball Clinics: Grades 1-8

Improve your skills and love for the game! Work on using proper technique in base running, throwing, fielding, hitting, and team play. Bring own glove and water bottle. Offered in partnership with All Star Performance Training.

Held at All Star Performance,

1000 Camera Ave, St. Louis, MO 63126

Sun | June 4-25 | 5-7 p.m. | No class June 18

\$99 | Register by May 22



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Youth Tennis Classes

Ace your game! Levels designed with USTA to offer players the chance to develop needed skills. Please bring own racket. Offered in partnership with Vetta Sunset Tennis Center.

All tennis classes are held at Sunset Tennis Center, 10911 Gravois Industrial Ct., Saint Louis, Mo 63128

Red Ball 1 & 2: Ages 4-7

Learn basic stroke fundamentals and rules of the game. Players with tennis experience should enroll in Red Ball 2.

Red 1 | Fri | June 2-July 7 | 8:45-9:30 a.m.
\$124 | Register by May 26

Red 1 | Fri | July 14-Aug 18 | 8:45-9:30 a.m.
\$124 | Register by July 7

Red 2 | Fri | June 2-July 7 | 8:45-9:30 a.m.
\$124 | Register by May 26

Red 2 | Fri | July 14-Aug 18 | 8:45-9:30 a.m.
\$124 | Register by July 7

Orange Ball 1 & 2: Ages 8-10

Build skills with emphasis on live play and score keeping. Players with tennis experience should enroll in Orange Ball 2.

Orange 1 | Fri | June 2-July 7 | 8:45-9:30 a.m.
\$124 | Register by May 26

Orange 1 | Fri | July 14-Aug 18 | 8:45-9:30 a.m.
\$124 | Register by July 7

Orange 2 | Fri | June 2-July 7 | 8:45-9:30 a.m.
\$124 | Register by May 26

Orange 2 | Fri | July 14-Aug 18 | 8:45-9:30 a.m.
\$124 | Register by July 7



Developmental 1 & 2: Ages 11-17

Learn the game and basic strokes. Advanced players will work on playing skills, strategy, and scoring. Players with tennis experience should enroll in Developmental 2.

Dev 1 | Fri | June 2-July 7 | 9:30-10:30 a.m.
\$149 | Register by May 26

Dev 1 | Fri | July 14-Aug 18 | 9:30-10:30 a.m.
\$149 | Register by July 7

Dev 2 | Fri | June 2-July 7 | 9:30-10:30 a.m.
\$149 | Register by May 26

Dev 2 | Fri | July 14-Aug 18 | 9:30-10:30 a.m.
\$149 | Register by July 7

Floor Hockey Camp: Grades 3-5

Acquire the basic floor hockey skills while focusing on the fundamentals including stick handling, passing, shooting, and defending. Teamwork and good sportsmanship will be a major focus in this camp!

Mon-Thu | June 5-8 | 9-11 a.m. | Truman Middle Tile Gym
\$119 | Register by May 29



REGISTER TODAY!

Visit us online at
lindberghschools.ce.eleyo.com

Youth Martial Arts w/Finney's: Ages 6-13

Learn various forms of Martial Arts and Self-Defense. Class will include boxing, kickboxing, self-defense, and wrestling techniques. Goals of this class are to teach discipline, respect, and build self-confidence. Led by a certified trainer from Finney's All N 1 Fitness and MMA.

**Held at Finney's All N 1 Fitness,
9744 Watson Rd., Crestwood, MO 63126**

Tue & Thu | May 30-June 22 | 4:30-5:30 p.m.
\$99 | Register by May 23

Mon & Wed | May 31-June 28 | 4:30-5:30 p.m.
\$99 | Register by May 24 | No class June 19

Tue & Thu | June 27-July 25 | 4:30-5:30 p.m.
\$99 | Register by June 20 | No class July 4

Mon & Wed | July 5-31 | 4:30-5:30 p.m.
\$99 | Register by June 28

Youth Jiu Jitsu w/Finney's: Ages 6-13

There is a time and a place for martial arts training. This program integrates: self-defense techniques, conditioning, and skill orientated games aiming to improve motor skills, agility, and flexibility. Led by a certified trainer from Finney's All N 1 Fitness and MMA.

**Held at Finney's All N 1 Fitness,
9744 Watson Rd., Crestwood, MO 63126**

Tue & Thu | May 30-June 22 | 4:30-5:30 p.m.
\$99 | Register by May 23

Mon & Wed | May 31-June 28 | 4:30-5:30 p.m.
\$99 | Register by May 24 | No class June 19

Tue & Thu | June 27-July 25 | 4:30-5:30 p.m.
\$99 | Register by June 20 | No class July 4

Mon & Wed | July 5-31 | 4:30-5:30 p.m.
\$99 | Register by June 28



Flag Football Camp: Grades 2-5

Come learn the rules and skills of the game, such as offense, and defense aka both sides of the ball! Enjoy a skills contest each day. On the final day our campers will play actual games. Have a great time in this popular sport, while focusing on hard work and fair play. Offered in partnership with Loberg Athletics.

Mon-Thu | July 10-13 | 9-11 a.m. | Truman Middle
\$99 | Register by July 3

The Rec Academy Basketball Camp: Ages 7-12

Calling all student athletes and future NBA stars! Hit the hardwood in this skills building clinic. Focus on core basketball skills for players of all levels. Learn proper dribbling, shooting, defense, and more. Participate in drills and skill sessions that will make you a better basketball player, while having a blast! Offered in partnership with the Rec Academy.

Ages 7-8 | Mon-Thu | July 17-20 | 9 a.m.-noon | LHS Gold Gym
\$159 | Register by July 10

Ages 9-12 | Mon-Thu | July 17-20 | 1-4 p.m. | LHS Gold Gym
\$159 | Register by July 10

The Rec Academy Handball Camp: Grades 5-8

Want to learn a new game? Enjoy team handball and the chance to improve physical fitness, level of play, as well as staying engaged in the offseason, while meeting new friends. Offered in partnership with the Rec Academy.

Mon-Thu | July 10-13 | 9 a.m.-noon | LHS Gold Gym
\$159 | Register by July 3



REGISTER TODAY!

Visit us online at
lindberghschools.ce.eleyo.com

Sports



Summer Heat Softball Camp: Grades 1-3

Looking to take your game to the next level? Bring the heat to this end of summer softball camp that focuses on developing skills, in an enjoyable atmosphere. Camp features drills in hitting, throwing, defense, baserunning, and will provide instruction specific to all defensive positions. Led by area softball coaches.

Mon-Thu | July 31-Aug 3 | 9-11-a.m. | Truman Middle
\$119 | Register by July 24

5-Tool Baseball Camp: Grades 1-3

Enhance your all-around play through a variety of exercises, while keeping focus on fundamental skills development. Take your baserunning, throwing, fielding, hitting, and team play to another level. Led by area baseball coaches.

Mon, Wed-Fri | July 3-7 | 9-11-a.m. | Truman Middle
\$119 | Register by June 27 | No camp July 4

Scott Gallagher Soccer Camp: Grades 1-8

Take your game to the next level! Learn proper techniques, and participate in individual and team building skills. Campers will be divided by grades. Offered in partnership with St. Louis Scott Gallagher Soccer Club.

Tue-Fri | May 30-June 2 | 9 a.m.-noon | Truman Middle
\$129 | Register by May 23



Coed Ultimate Frisbee Clinic: Grades 6-8

Ultimate is a fast paced sport played on a field similar to football or soccer. Teammates work together to pass the disc and advance it into the other team's endzone. Ultimate is noncontact, and has no referees. Players are responsible for officiating the game by a code of conduct called "Spirit of the Game." Players must learn numerous real-world skills, including: verbal communication, knowledge of complex rules, calming emotions, respecting differences, celebrating opponents' successes, overcoming failure, prioritizing respect, fair play, and sportsmanship. Participants will receive a t-shirt and disc. Led by Lindbergh teacher and LHS Ultimate club head coach, Kristina Kohl.

Wednesdays | July 5-Aug 9 | 3:15-4:45 p.m. | Truman Middle
\$59 | Register by June 21

Flyers Soccer Club Kickaround/Tryout: U8-U12

Our Flyers Soccer Club is growing and looking to add teams and players. Teams will compete in local select leagues and tournaments throughout the year. If you are a coach wanting to place your team in our club or if your student is interested in joining, email Curt Riek at curtisriek@lindberghschools.ws for more information.

Sun afternoon | June 11 | Times TBD | Truman Middle
Free | Register by June 1



REGISTER TODAY!

Visit us online at
lindberghschools.ce.eleyo.com



Next Step Golf Academy Clinics: Ages 5-12

Hit the links and learn the game of a lifetime. Develop the foundation for a good swing, plus putting and chipping. Own clubs suggested, not required. Led by golf pro Dave Reinhardt.

**Held at Tapawingo National Golf Club,
3001 Gary Player Dr, St. Louis, MO 63127**

Ages 5-8 | Wed | May 17-June 14 | 5:45-7 p.m.
\$149 | Register by May 8, space is limited!

Ages 5-8 | Mon | July 3-24 | 7:45-9:15 a.m.
\$119 | Register by June 19, space is limited!

Ages 9-12 | Wed | May 17-June 14 | 7-8:15 p.m.
\$149 | Register by May 8, space is limited!

Ages 9-12 | Mon | July 3-24 | 9:15-10:30 a.m.
\$119 | Register by June 19, space is limited!

Youth Beginner Golf: Ages 7-14

Enjoy the lifetime sport of golf by learning driving, chipping, pitching, and putting. Bucket of balls available for a separate fee. Led by certified golf coaches with St. Louis Golf lessons.

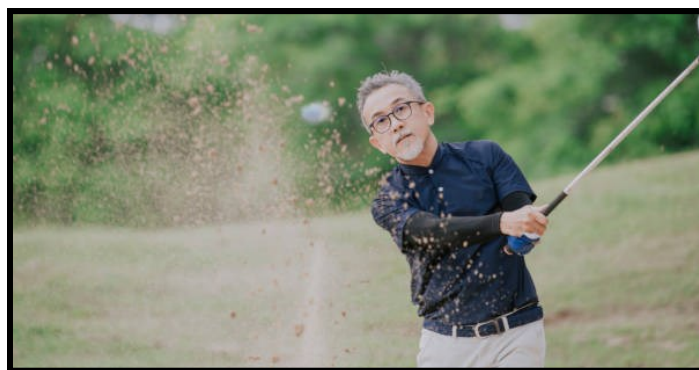
**Held at Tower Tee Golf and Recreation Complex,
6727 Heege Rd, St. Louis, MO 63123**

Ages 7-10 | Mon | May 8-June 26 | 5:30-6:20 p.m.
\$119 | Register by May 1 | No class May 29, June 12, 19

Ages 11-14 | Mon | May 8-June 26 | 6:30-7:30 p.m.
\$119 | Register by May 1 | No class May 29, June 12, 19

Ages 7-10 | Mon | July 10-Aug 7 | 5:30-6:20 p.m.
\$119 | Register by July 3, space is limited!

Ages 11-14 | Mon | July 10-Aug 7 | 6:30-7:30 p.m.
\$119 | Register by July 3, space is limited!



Junior & Adult Beginner Golf: Ages 15+

It's never too late to learn the game of golf or improve your skills. This program will cover both the full swing and short game, putting, chipping and sand. Bucket of balls available for separate rental fee. Taught by certified golf coaches with St. Louis Golf lessons.

**Held at Tower Tee Golf and Recreation Complex,
6727 Heege Rd, St. Louis, MO 63123**

Mon | May 8-June 26 | 7:30-8:20 p.m.
\$119 | Register by July 3 | No class May 29, June 12, 19

Mon | July 10-Aug 7 | 7:30-8:20 p.m.
\$119 | Register by July 3, space is limited!

Parent/Child Mini Golf League: Ages 6+

Feel the pressure of being on the green with every shot! Each team must have two members with one member at least age 18 or over. Divisions will be split up by youth ages and is dependent on the number of registrations.

**Held at Pirates Crusade Mini Golf Course,
11801 Tesson Ferry Rd, St. Louis, MO 63128**

Wed | May 31-June 28 | Arrive by 6 p.m.
\$64 per team of 2 | Register by May 24



REGISTER TODAY!

Visit us online at
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314-729-2400

communityed.rec@lindberghschools.ws